



# Adult Education Series

When:

Every Wednesday in February

Address: 10561 W Pinnacle Peak Rd, Peoria, AZ 85383 (107th Ave & Pinnacle Peak) Time: 12PM-1:30 PM (Bring Your Own Lunch)

### Feb 7, 2023

Ms. Nicolle Tannaz, MSW *Topic: Navigating with Grace* 

Nicolle will discuss some the challenges that elderly face on a daily basis. Nicolle will discuss resources that exist, advocacy, and referrals. Also some info on self care.

### Feb14, 2023

Mr. Mike O'Dell

## Topic: Transitioning with Grace

Mile will discuss the process of moving a loved one to home care, group homes or other extended care. Mike will discuss resources, the process of placing a loved one, self care.

### Feb 21, 2023

Ms. Barbara Kvittiem-Barr, CPA

### Topic: Living with Grace

Barbara will discuss financial issues related to extended care, some financial/legal issues. Barbara will also discuss self care.

### Feb 28, 2023

Ms. Alma Init, RN

### Topic: Ending with Grace

Alma will discuss issues related to end of life care such as hospice, palliative care and the process for placement. Alma will also discuss self care.

Agenda:

12:00 PM: Lunch (Bring Your Own Lunch)12:15 PM: Introduction of Speaker12:45 PM: Q&A1:15 PM: Close

Contact: Chaplain Jose Valenzuela 623-399-3176 www.chaplainjose.com