

LONELINESS and CHRISTIANITY

Saturday, April 13, 2024
Living Water Lutheran Church
Scottsdale, AZ

You're invited to

"Loneliness: How to live and serve faithfully to those within our community"

with presenter Rev. Dr. Colleen Windham-Hughes, Associate Vice President for Mission and Identity at California Lutheran University

Loneliness has been called a public health crisis. Recent research suggests that it is helpful to think of loneliness like we think of hunger or thirst—as a sign to get our attention and prepare us for action. Christian faith gives us two types of action to respond to loneliness: 1) connecting with others and 2) cultivating aloneness with God. We will explore both types of action in our time together, with large group exploration and small group breakouts to go deeper into opportunities to serve and to grow.

Saturday, April 13, 2024 1-4pm - Reception to follow.

Living Water Lutheran Church - 9201 E. Happy Valley Road - Scottsdale, AZ 85255

To register for free, please go to: https://forms.gle/B1w3iGwvLwtkwtV36 or use QR Code below, by April 5, 2024.

Space is limited. Please email <u>NEVCevent@lwlcaz.org</u> with questions.

A virtual option to attend will also be available.







